

**ANNEX I**

**DESCRIPTION OF THE ACTION**

EUROPEAN COMMISSION

Health & Consumer Protection Directorate General

**Best Practice In Promoting Mental Health In Socially Marginalized People In  
Europe**

**Project 800197 - PROMO**

## **ANNEX I**

### **DESCRIPTION OF THE ACTION**

#### **1. OVERVIEW**

##### **1.1. Title**

Best Practice In Promoting Mental Health In Socially Marginalized People In Europe (PROMO)

##### **1.2. Priority area and action**

Priority area: Health determinants (HD 2006)

Action: Integrative approaches on lifestyles and sexual and reproductive health: mental health

##### **1.3. Summary (objectives, methods, expected results)**

Promoting mental health and preventing mental ill health among the increasing groups of socially marginalized people is a major challenge to European societies. There are various policies and services to achieve this in member states, but information on what constitutes best practice is fragmented and consistent guidelines do not exist. PROMO will bring together a multidisciplinary consortium of experts from 14 diverse member states (covering more than 85% of the total EU population) to consolidate the knowledge in the field, and identify best practice. It will consider six different factors of social marginalization, review legislation and policies, and – focussing on major cities - assess systems of health and social services for the people concerned. PROMO will define guidelines for best practice and disseminate the findings widely among the relevant stakeholder groups in Europe. Finally, it will highlight barriers for the implementation of the guidelines and suggest solutions.